

Manhattan Neighborhood Network

Time Warner Channel 1997

RCN Channel 84 & Verizon FiOS 35

Watch the live stream on www.mnn.org
on 3 Spirit Channel

Airs: Tuesday, 1:00 - 1:30 pm

DATE		TITLE
January	2	The Art of Ego Deflation/Cycles of Evolution - Part 1
	9	The Art of Ego Deflation/Cycles of Evolution - Part 2
	16	40 Years of Love and Light - Part 1
	23	40 Years of Love and Light - Part 2
	30	Interdimensional Energies for Planet Earth
February	6	The Restoration #1 - Part 1
	13	The Restoration #1 - Part 2
	20	Painting With Light - Part 1: The Art Mural
	27	Painting With Light - Part 2: Roundtable
March	6	Advanced Lesson Course: Lesson 3 - Part 1
	13	Advanced Lesson Course: Lesson 3 - Part 2
	20	Dera of Valneza: Part 1
	27	Dera of Valneza: Part 2
April	3	Highlights of the 14th Annual Interplanetary Conclave of Light
	10	Countdown to the Landing - The Keynote Address
	17	Free Energy for Spaceship Earth
	24	The Attitude of Self-Discovery - Part 1
May	1	The Attitude of Self-Discovery - Part 2
	8	The Restoration #2 - Part 1
	15	The Restoration #2 - Part 2
	22	Healing Through Psychodrama
	29	Psych. of Consciousness: Sci. of Self-Discovery - Part 1
June	5	Psych. of Consciousness: Sci. of Self-Discovery - Part 2
	12	Electra of El - Part 1
	19	Electra of El - Part 2
	26	The Restoration #3 - Part 1